25 QUESTIONS FOR YOUR ONCOLOGIST

- 1. What is my diagnosis
- 2. Is this a fast growing or slow growing cancer?
- 3. Have you done tumor molecular profile testing on the tumor? If not why?
- 4. What are the results of that testing?
- 5. What are the statistics for someone with this type of cancer?
 - a. Overall survival (5 year, 10 year)
 - b. Disease free survival (5 year, 10 year)
- 6. What treatments do you recommend?

7. Will these treatments only kill the well-differentiated daughter cells or will the treatments kill the cancer stem cells as well, to prevent recurrence?

8. What is the overall survival and progression free survival with these treatments with this type of cancer?

9. Do these treatments increase survival significantly?

- 10. Are these treatments considered curative or palliative?
- 11. What are the short-term and long-term side effects of these treatments?
- 12. Are there any permanent side effects or damage possible?
- 13. Are any of these treatments life-threatening?
- 14. What would you do if you were me?
- 15. If I was your wife or daughter what would you recommend?
- 16. What would the course of this disease look like if I did nothing?

17. Are you willing to work with me if I choose to do some alternative, naturopathic therapies and honor my personal choices?

18. If I take a holistic route, would you be wiling to support me with tests and scans to monitor my status?

19. Will these treatments be covered by insurance?

20. Would you be willing to do other testing I ask for besides the standard CBC, CMP? Other tests like tumor markers, inflammatory markers, fasting insulin, thyroid tests, etc.?

21. Are you willing to communicate with other doctors on my team?

22. What do you do if I have side effects?

23. Are there any alternative treatments available to me?

24. Do you have any patients like me who had this course of treatment still alive at 5 and 10 years without recurrence?

25. What happens if I have a recurrence or metastasis?